

Personal Impact

Stay connected in the moment for greater influence.

Leadership often requires grounded presence – and the ability to respond flexibly in moments of uncertainty.

This workshop helps people maintain presence, flexibility, and focus under pressure so their influence feels natural and intentional, rather than forced.

Who it's for

Anyone who wants to build situational leadership skills in a way that feels authentic.

Format

In-person workshop

- Half day / full day

Online

- From 90 minutes to full day

Interactive talks from 20+ minutes

Content

- **Recognise behaviours** that strengthen connection and trust
- **Embodied practices** to stay connected under pressure
- **Develop personal flexibility** for greater influence and impact
- **Make intentional choices** aligned with relationship goals

