

Workshop Summary

The Power of Collaboration



Duration: Half day/whole day in person, or as virtual sessions

Group size: 6 to 24 people

Overview

This session is a practical and playful inquiry into how we collaborate—when it flows, when it falters, and what makes the difference.

Drawing on principles from improvised theatre, we'll use safe, structured experiments to explore how collaboration can become more intentional, inclusive and generative.

We'll ask:

- What does good - and great - collaboration look like in practice?
- How can we amplify what's already working?
- What mindsets and micro-skills help us navigate the unknown together?

The session blends real-time experience with reflection to help participants name their strengths, stretch their habits, and build more responsive ways of working together.

Objectives

1. **Increased confidence and presence:** staying grounded to notice more and communicate with clarity and impact.
 2. **Enhanced ability to adapt:** responding to what's emerging (rather than sticking to a script) by embracing uncertainty and playfulness.
 3. **Greater trust in the group's intelligence:** sensing and using each other's strengths to become super colleagues in a supportive ensemble.
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What we'll explore:

- Collaboration as an ensemble act: inclusive, attuned, and alive what's possible.
- "Yes, and" as a mindset: noticing, accepting and building on what's here.
- Offers & power: what we do with each other's insights & ideas.
- Defaults, assumptions and biases: and how to become conscious leaders.
- Playfulness, risk and co-creation: failing forwards with trust and support.